



Life & Soul Healing & Transformation Therapy with Dolores Cannon's Quantum Healing Hypnosis Technique (QHHT®)

A gentle but powerful healing and transformation therapy that incorporates past life recall and uses a regression hypnosis technique to help you achieve deep relaxation and access the wisdom of your Higher Consciousness.

I trained in past life therapies with two of the leading practitioners in the world: Dr Brian Weiss, author of international bestseller *Many Lives, Many Masters*; and the late Dolores Cannon, author and founder of the Quantum Healing Hypnosis Technique (QHHT®). I am a certified and experienced Level 2 QHHT® practitioner.

Life & Soul Healing & Transformation Therapy uses Dolores' pioneering QHHT® regression hypnosis technique. As a skilled facilitator, I guide you to thoroughly explore each experience, glean insights and information, and make any connections with patterns in your current life. I also hold space for your healing, guide and support you to resolve and release any past life sources of present day issues. Working together we may be able to free you from any blockages, fears, or other emotional patterns that are currently limiting you from living your life to the fullest. This therapy can help you to release anything that is holding you back from reaching your highest potential and fulfilling your life and soul purpose.

How does Life & Soul Healing & Transformation Therapy work?

Our soul's consciousness is a memory bank of all our experiences—every life we have lived, as well as our experiences as pure consciousness between physical lifetimes (the "life between lives"). In a trance state a person can access and recall experiences from their past lives, and throughout time and space. A skilled facilitator helps you to understand and release the source of soul wounds, and gain the most insights and healing from your QHHT® experience.

If the client is ready, I guide them deeper to access their Higher Consciousness for ultimate understanding and healing benefits. Our Higher Consciousness knows everything about us—it can answer questions about life lessons (past and present), life purpose, soulmates, emotional blocks, dysfunctional relationship patterns, unresolved grief, fears, anxieties, phobias, the root cause of addictions and physical conditions, and anything else. Physical healings are also possible.

Life & Soul Healing & Transformation Therapy requires a full-day* booking. Often only one session is required for profound insights, healing and transformation, but clients are welcome to book further sessions.

A QHHT® session with me involves a detailed discussion of your current life issues; an assessment of what you hope to gain from your session; honing your questions for your Higher Consciousness; two to three hours of hypnosis; and a post-hypnosis debrief. You are also given a digital recording of the hypnosis.

I love using this gentle but powerful technique to help improve, and potentially transform, the lives of my clients. Each session is unique.

Please visit my website for more information, testimonials and fees.**



“Louise is one of those rare human beings whose honesty, authenticity, and gentle care creates a safe haven for healing. Without a doubt she is a genuine natural healing soul.”

Jo Cooper (Northern Rivers, NSW) *“I felt a dramatic shift during the session, and with Louise’s guidance I managed to clear and deal with a deep-seated trauma, and ultimately let go of patterns that have been limiting me my whole life.”* **Peter Soddu (Sydney, NSW)** *“It felt like spiritual ecstasy. One year on, I continue to receive the miracle of your help and healing.”* **Julie Tuddenham (South East Qld)**

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*A full-day QHHT session is required for all first time clients. However, I also offer clients the option of having their QHHT session split over two or three part days. Repeat clients may have shorter follow-up QHHT sessions. **Advance payment is required to confirm all appointments. Email enquiries are welcome, but bookings can only be made with me via phone call.